**Introduction to Nature Writing and Journaling**  
7/16/22 10:00am-12:00pm  
Upper Newport Bay Nature Preserve presents — Introduction to Nature Writing and Journaling. Join us for a classroom workshop followed by time in the field where participants will get an introduction to nature journaling, learn some basic nature observation techniques, and explore the art of creative writing. No experience necessary!

No experience necessary and loaner binoculars will be available on a first come first serve basis.

**Summer Birding Basics**  
6/11/22 8:00a-10:00a  
Upper Newport Bay is known for being one of the best bird watching spots in Orange County and this introductory workshop and walk will teach the basics of bird watching and identification and prepare anyone and everyone to fully enjoy coastal bird watching. All are welcome and loaner binoculars will be available.

**Sunspot Spotting**  
6/18/22 1:00p-3:00p  
2020 marked the beginning of a new 11 year solar cycle which will see a dramatic increase in the number of sunspots over the next 4-6 years. During this family friendly program, we will learn all about sunspots, their effect on planet earth, and how to safely view them. Each family or group in attendance will be given the supplies to make their very own DIY sunspot viewer.

**The Art and Science of Solar Ovens**  
7/9/22 1:00p-3:00p  
Whether it's for survival, science, or just plain fun, solar ovens are a great way to put the summer heat to work for us! In this family friendly outdoor program, guests will learn how to make a solar oven and investigate the science behind harnessing solar energy. All supplies will be provided and each family will make an oven of their own to take home.

**Family Walk at the Bay**  
6/25 and 7/23 10:00a-11:30a  
Join us for an easy, stroller friendly walk along Upper Newport Bay to enjoy all the sights, sounds, and smells of spring. We will stay on the paved Bayview Trail and pause frequently to observe birds, bugs, wildflowers, and any other wildlife that happens to be present.

**Planetary Alignment Sunrise Hike**  
6/26/22 5:00a-7:00a  
Calling all early risers! Join us for a pre-dawn walk at Upper Newport Bay Nature Preserve. In addition to our regularly spectacular sunrise, guests will be treated to a rare astronomical phenomenon; a planetary alignment. In the predawn sky we will see Mercury, Venus, Mars, Jupiter and Saturn lined up across the horizon and visible to the naked eye. Coffee and light refreshments will be provided.

**Introduction to Nature and Landscape Photography**  
7/30/22 3:00pm- 5:00pm  
Fancy equipment and expensive software are not necessary to capture beautiful landscapes and nature scenes, especially here at Upper Newport Bay! In this introductory workshop we will focus on subject matter, composition and lighting to give participants the basics they need to make compelling photographs in the outdoors, no matter what type of equipment they use. The program will begin with a short classroom session which will then be followed by a walk along the bay to practice in the late afternoon light. Please note: guests must provide their own camera or photo capable smart phone to participate fully.

**Backyard Bird Feeding Basics**  
7/3/22 1:00p-3:00p  
As wild habitat disappears, backyard feeders are becoming more and more important for bird conservation. In this fun, family friendly workshop guests will learn the do’s and don’ts of back yard bird feeding, how to turn outdoor space of any size into a wildlife waystation, and get the chance to assemble a DIY bird feeder to take home.

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Questions: Contact Resource Specialist Nathan Taxel at Nathan.taxel@ocparks.com  
Walk-ins Welcome, but registration is suggested for all activities. Call 949-923-2275 or visit Letsgooutside.org/activities and search for “Upper Newport Bay” to sign up.
Activities Around The Bay

Check out Newport Bay Conservancy! www.newportbay.org / www.facebook.com/newportbay

Family Fun

Wild Tales: Every Friday at 10:00 a.m.
This is a free program best for ages 2-4 which includes a story, nature walk, and craft (approx. 1 hour). Parent/guardian must attend with child. Meet in the classroom of the Peter and Mary Muth Interpretive Center.

Kids Crafty Sunday: Last Sunday/month 10 a.m. – 2 p.m.
Join OC Parks in the Muth Center for a fun themed craft, recommended for ages 2-10. This is a self-lead activity and can be done whenever during the activity time, all supplies will be available and are FREE.

Kayak Newport Bay

EVERY Sat 10 a.m. - Noon

Enjoy a morning on the water and see wildlife close up. A volunteer naturalist will guide you through the Bay giving information on the fish and marine life, geology, natural history, and conservation of Upper Newport Bay. No experience is necessary but decent physical fitness is recommended. All equipment is provided. 20 max per tour, reserve online at KayakUNB.eventbrite.com, or call 949-923-2269.

Ages 8+ can attend with a parent/guardian.

Ages 12-17 can ride alone but parent/guardian needs to be on site and sign waivers.

Groups of 10+ can reserve a private tour! Contact Hilary Cunningham at hilary.cunningham@newport.org or 949-923-2269.

Second Sunday Restoration Program

2nd Sunday of the month from 9 am - 11 am

Join OC Parks staff and other volunteers in enhancing the Bay's habitat for local wildlife. Activities may include non-native plant removal, planting natives, watering, trash cleanup and Butterfly Garden maintenance.

No experience is necessary. Water, gloves, and tools are provided.

Space is limited. *Please phone (949) 923-2275 or e-mail unbic@ocparks.com to register.

Algerian Sea Lavender Removal

Available on Wednesday mornings? Have a large group? We can use some extra hands on a large project removing this invasive plant from the marsh.

contact Zac Flores zachery.flores@newportbay.org.

Big Canyon Restoration

Thursdays 9 am – 12 noon

Join our restoration team in Big Canyon to stay ahead of the weeds! Gloves, hand tools, and shovels will be provided, but feel free to bring your own. To register visit: RestoreBigCanyon.eventbrite.com,

Newport Bay Conservancy